

la Méditerranée

CATERING MENU



—ORDER ONLINE—

www.cafelamedsf.com
information@cafelamedsf.com

OR CALL

(415) 921-2956 ext. 2

We deliver throughout the San Francisco Bay Area!
La Méditerranée Chez Vous!

Family owned and operated since 1979, our casually elegant finger foods are perfect for parties, picnics, weddings, meetings, office luncheons, and get-togethers of all kinds. Our experienced and friendly staff caters to your every need, from delivery and set up to planning the perfect luncheon or event.

SAN FRANCISCO LOCATIONS

2210 Fillmore Street
(Pacific Heights)

(415) 921-2956 ext.1

pickup only

1624 Powell Street
(North Beach)

(415) 921-2956 ext.2

delivery & pickup only

288 Noe Street
(Castro District)

(415) 431-7210

pickup only

∞ Prix-Fixe Menus ∞

Take the guesswork out of your preparations!

MIN. ORDER: 10 PEOPLE

LUNCH MEZA

Hummos, Organic Green Salad, Falafel, Rice Pilaf,
Grecian Spinach & Feta Fillo, and choice of entrée:

- Grilled Chicken (*gf*)
- Chicken Pomegranate (*gf*)
- Beef Kefta Meatballs (*gf*)
- Lebanese Beef Kibbeh
- Grilled Seasonal Veggies w/Organic Tofu (*vegan, gf*)

\$12.75/person (one entrée) | \$15.50/person (two entrées)

THE MEDITERRANEAN MEZA

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad,
Levant Sandwich, Dolma, Grecian Spinach & Feta Fillo,
Chicken Cilicia Fillo, Chicken Pomegranate, Lamb Lule and Rice Pilaf.
\$18.75/person

THE MEZA MAGNIFIQUE

Everything in the Mediterranean Meza, plus Feta, Olives,
Fruit & Cheese, Baklava and Datil Amanda.
\$22/person

Vegan and Vegetarian Mezas Available



New! MEDITERRANEAN WRAP COMBO MEAL

Chicken Shawerma & Falafel Sandwiches

Served buffet style with Hummos, Organic Green Salad & a trio of sauces.

\$12.75/ person

— Add Baklava for \$1.50/person —

PARTY PLATTERS

Our most popular finger foods, beautifully arranged and ready to serve.

Mini (serves 6)

24 pieces (6 of each item) \$38

Small (serves 12)

48 pieces (12 of each item) \$65

Medium (serves 20)

80 pieces (20 of each item). \$89

Large (serves 30)

120 pieces (30 of each item) \$124



EACH PARTY PLATTER INCLUDES:

Chicken Cilicia — Cinnamon spiced chicken and raisins baked in bite-sized fillo pastry.

Grecian Spinach & Feta Fillo

Tasty spinach and feta cheese baked in bite-sized fillo pastry.

Levant Sandwiches — Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies.

Dolma (*vegan, gf*) — Grape leaves stuffed with rice, herbs, lemon & olive oil.

Falafel (*gf*) can be substituted for any item on party platter

Vegan garbanzo patties with Tahini Dip

Add hummos & pita to any party platter for \$16

VEGETARIAN PARTY PLATTERS

Dolma, Spinach Fillo, Levant Sandwich and Falafel

VEGAN PARTY PLATTERS AVAILABLE

Dolma, Vegan Levant Sandwich, Falafel and Hummos

Platters can be all of one item upon request.



APPETIZER DIP PLATTERS

Choose 3-4 items below. Comes with pita bread for dipping.

Hummos (*vegan, gf*): Traditional garbanzo bean & garlic dip

Roasted Red Pepper Hummos (*gf*):

Mildly spicy with roasted chili and red pepper

Baba Ghanoush (*vegan, gf*): Grilled eggplant & garlic dip

Djajiki (*gf*): Lebni yogurt, garlic & cucumber dip

Tabuleh (*vegan*): Cracked wheat, parsley, tomato & lemon juice

Harissa (*vegan, gf*): Tomato, roasted pepper & walnut dip

Armenian Potato Salad (*vegan, gf*):

with diced tomatoes, mint, olive oil, lemon, parsley

Mini Appetizer Tray

(serves 10) \$28

Small Appetizer Tray

(serves 15) \$46

Medium Appetizer Tray

(serves 20)..... \$64

Large Appetizer Tray

(serves 30)..... \$76



Humm-Baby! Falafel Tray

(*vegan, gf*): 1/2 Hummos, 1/2 Falafel

Mini (serves 12) \$28

Small (serves 20) \$48

Medium (serves 30) \$66

Large (serves 40) \$79

Dozen Falafel (with tahini) .. \$12.95

A La Carte

12 oz. (serves 5) \$7.50

Quart (serves 12)..... \$16.95

Gallon (serves 50)..... \$64

Bag Pita \$5.75

Bag Pita Chips \$8.95

12 oz. Olives \$7.50

HORS D'OEUVRES

New to our Menu!

Perfect for Happy Hours or Cocktail Parties.

Choose from one of the following:

**Salmon Cakes
w/Spicy Tahini Dip**

-or-

**Organic Roasted Dates
w/Goat Cheese & Walnuts (gf)**

Small (40 pieces) \$65 Medium (60 pieces) \$89

Large (85 pieces) \$124

Fillo-wrapped Saffron Shrimp

Small (40 pieces)..... \$75

Medium (60 pieces) \$110

Large (80 pieces)..... \$148

Mediterranean Charcuterie Platter

*Assorted salamis & cold cuts with
olives, crackers & tourche pickles.*

Small (serves 20-30) ... \$64

Large (30-50)..... \$124

New! **Mini Pomegranate
Chicken Skewers (gf)**

\$42 per dozen

**Mini Spicy Beef Kefta
Skewers (gf)**

\$44 per dozen

**Mini Salmon
Skewers (gf)**

\$46 per dozen

**Mini Halal Saffron
Chicken Breast Skewers (gf)**

\$44 per dozen

Mini Quiche Bites

*(Spinach & Feta and
Bacon Quiche Lorraine)*

72 mini bites \$75

Fresh Veggie Tray

Served with Tahini Dip

Mini (serves 10) \$26

Small (serves 20) \$46

Medium (serves 30)..... \$64

Large (serves 40) \$76



Hot Entrées

Served Hot in a Baking Pan

– Chicken Kebab Platter (gf) –

Grilled marinated chicken with veggies off the skewer.

– Chicken Pomegranate Platter (gf) –

Tender boneless, sliced chicken pomegranate.

– Lebanese Kibbeh Platter –

Lean ground beef & cracked wheat meatballs.

– Combination Platter (choose from above) –

Mini-one item (serves 8) ... \$48 Small (serves 12) ... \$69

Medium (serves 20) ... \$98 Large (serves 30) ... \$132



– Halal Saffron Chicken Breast Platter (gf) –

Baked chicken breast marinated in saffron, lemon & cilantro. Served sliced.

Small (serves 15)... \$80 Large (serves 30)... \$150

CHICKEN POMEGRANATE DRUMSTICKS (gf)

Drumsticks slow baked in our homemade pomegranate sauce.

10-50 pieces ... \$2.65/each over 50 pieces ... \$2.55/each

HALAL LAMB LULE MEATBALLS (gf)

Lean ground halal lamb meatballs stewed in our tomato onion sauce.

\$32/dozen

New!

BEEF KEFTA MEATBALLS (gf)

Lean ground beef meatballs with parsley & onion.

Small (60 pc.)... \$69 Med. (100 pc.)... \$98 Lg. (140 pc.)... \$132

GRILLED SEASONAL VEGGIES w/ORGANIC TOFU (gf, vegan)

Small (serves 12) ... \$38 Large (serves 25) ... \$66

New!

Kebab Skewers

Halal Lamb Kefta *or* Salmon Kebab Skewers (gf)

Mini (2 pieces per skewer) ... \$46/dozen (\$3.85/each)
Large (4 pieces per skewer) ... \$68/dozen (\$5.65/each)

Halal Saffron Chicken Breast Skewers (gf) *or* Spicy Beef Kefta Kebabs (gf)

Lean ground beef meatballs brushed with a spicy tomato rub & grilled.

Mini (2 pieces per skewer) ... \$45/dozen (\$3.75/each)
Large (4 pieces per skewer) ... \$66/dozen (\$5.50/each)

New! POMEGRANATE CHICKEN SKEWERS (gf)

Grilled, boneless chicken marinated in our famous pomegranate sauce.

CHICKEN KEBAB SKEWERS (gf)

Grilled chicken with peppers.

VEGGIE KEBAB SKEWERS (gf, vegan)

Seasonal veggies with organic tofu marinated in Mediterranean herbs.

Mini ... \$42/dozen (\$3.50/each) Large ... \$60/dozen (\$5/each)



Side Dishes

RICE PILAF (gf, vegan)

Quart (serves 5-8) ... \$9.95 Gallon (serves 20-30) ... \$39

COUS COUS WITH GARBANZO & CURRANTS

Gallon (serves 20-30) ... \$48

MEDITERRANEAN PESTO ORZO (cold)

Bowl (serves 20-30) ... \$48

Sandwiches & Salads

All salads include feta and dressing on the side.

MIXED GREEN SALAD *(gf)*

Salad of fresh organic mixed greens, tomato, cucumber, feta cheese, olives, veggies, and our house tomato vinaigrette.

Mini (serves 10) ... \$26 Small (serves 15) ... \$44

Medium (serves 25) ... \$58 Large (serves 35) ... \$69

SPECIALTY SALADS

Mini (serves 10) ... \$28 Small (serves 15) ... \$48

Medium (serves 25) ... \$62 Large (serves 35) ... \$75

ARMENIAN TOMATO SALAD *(gf)*

Fresh tomatoes and cucumbers tossed with kalamata olives, feta cheese, herbs and our house tomato vinaigrette over greens.

LENTIL SALAD *(gf)*

Lentils tossed with red bell pepper, herbs, lemon juice & olive oil over greens.

FATTOUSH SALAD

Organic greens with fresh tomatoes and cucumbers tossed with kalamata olives, feta cheese, herbs, and pita chips.



Chicken Shawerma

Spiced, baked chicken rolled in lavash w/fresh greens & a cucumber yogurt sauce.

Small (7 whole/14 halves)...\$60



Falafel Sandwich

(vegan)

Garbanzo patties rolled in lavash w/fresh greens & tahini.

Large (10 whole/20 halves).. \$80

Fruit & Sweets

FRUIT & CHEESE TRAYS

Seasonal assortment of fresh fruit and cheeses decorated for any occasion.

- Mini (serves 10) \$40
- Small (serves 20) \$66
- Medium (serves 35) \$88
- Large (serves 50) \$115



New! ARTISAN CHEESE TRAY

Selection of delicious artisanal cheeses with dried fruit, nuts and crackers artistically arranged on a platter.

- Small (serves 25) ... \$76
- Large (serves 50) ... \$129

SWEET TRAYS

Bite sized pieces of Datil Amandra, our Heavenly Baklava & homemade Cake Bites.

- Mini (serves 10) \$38
- Small (serves 20) \$64
- Medium (serves 35)..... \$85
- Large (serves 50) \$109



LEMON & CHOCOLATE CAKE BITES SWEET TRAY

- Small (60 pieces) \$64
- Large (120 pieces)..... \$109

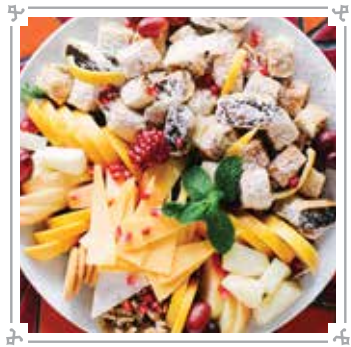
Our Baklava is prepared with locally sourced organic walnuts!

FRUIT & SWEET COMBINATION TRAYS

Choose a little of each!

Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

- Mini (serves 10) \$40
- Small (serves 20) \$66
- Medium (serves 30) \$88
- Large (serves 40) \$115



Box Lunches

FOR THE PARK OR THE OFFICE!

*Includes organic mixed green salad, hummos,
pita bread and compostable cutlery.*

MIN. ORDER: 10 PEOPLE

CHICKEN KEBAB (gf)

One skewer of marinated grilled chicken,
served over rice pilaf \$12.95/each

CHICKEN POMEGRANATE (gf)

Three drumsticks marinated in pomegranate sauce,
baked with wild herbs, over rice pilaf \$12.95/each

LAMB LULE (gf)

Lean ground halal lamb meatballs with parsley, spices, onion &
tomato over rice pilaf \$12.95/each

FALAFEL SANDWICH

Crisp falafel balls wrapped in lavash bread
with fresh greens and tahini (vegan) \$11.95/each

CHICKEN SHAWERMA

Spiced baked chicken sandwich, wrapped in lavash bread
served with a cucumber yogurt sauce \$12.95/each

SALAD MEDITERRANÉE

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Lentil Salad
& Mixed Organic Greens with feta (can be made vegan).... \$12.95/each

Add 2-piece Baklava to Lunch ... \$1.50/each

DRINKS & TABLEWARE

Coke, Diet Coke, La Croix (assorted), Bottled Water, Sparkling Water ... \$1.75/ea.

San Pellegrino Ariancata or Limonata ... \$2.25/each

Compostable Tableware Setting (includes plates, cutlery,
napkins, bamboo tongs and serving spoons) ... \$5/set of 10

Weddings & Events

PRIVATE & CORPORATE EVENTS

Our full-service Catering department offers services for Special Events, including on site staffing, party rentals, passed appetizers, and beverage packages. Grand or intimate in scale, La Mediterranée's experienced catering consultants are here to partner with you to make your event successful and memorable. From planning the perfect menu to executing the smallest detail, let us be your expert guides.



WEDDINGS

Catering to Bay Area couples since 1979, our award-winning Mediterranean dishes are what attract wedding couples to us.

Whether you are planning a traditional wedding celebration with several hundred guests or a small, casual picnic, you will be provided with the best service possible, not only on the day of your event, but throughout the entire process to make your special day flawless.

Our custom menus are designed for buffet and family style, depending on your budget and vision!

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☺ Pickup & Delivery ☺

AVAILABLE 7 DAYS A WEEK

We kindly ask for 24-hour notice for all orders, to assure your preferred delivery time. However, we are happy to accommodate many same day orders! Just give us a call!

San Francisco Delivery

DELIVERY CHARGE FOR ALL NEIGHBORHOODS,
INCLUDING DOWNTOWN SF:

\$25 for orders under \$250 | 10% for orders \$250-\$1,000
8% for orders over \$1,000

Marin & South Bay Area Delivery

Delivery charge is based on distance and size of order. Call for a quote.



In addition to our drop-off services we also offer full service catering for weddings, conferences and special events, including on-site staffing, party rentals, passed appetizers and beverage packages.

Call one of our catering managers for more information.

We require 24 hour notice for cancellation. Less than 24 hour notice will result in a 75% charge of the order. Same day cancellations will be charged in full. For orders over \$1,000, we require 5 days notice for cancellation.

Less than 5 day notice will result in a 50% charge of the order.

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